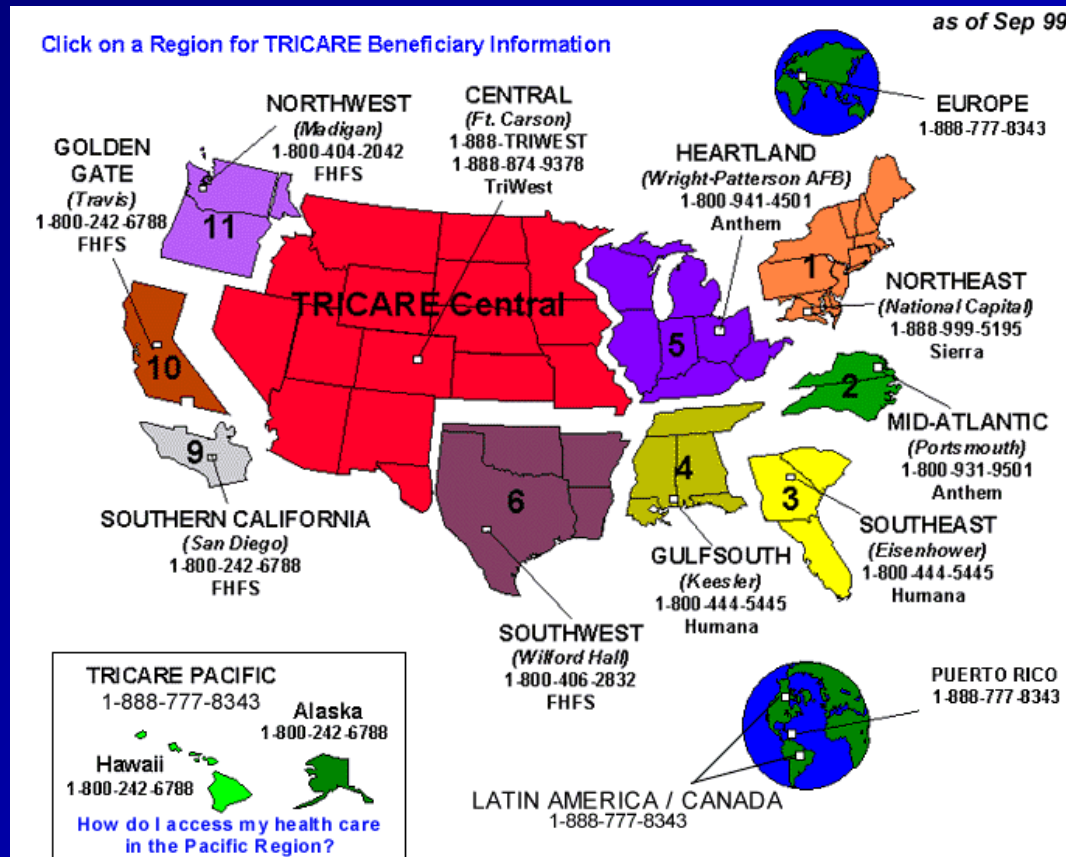


MEDICAL Support
Ms. Eileen M. Mejia



TRICARE Information



<http://www.TRICARE.osd.mil>

TRICARE Options

TRICARE

PRIME

TRICARE

PRIME REMOTE

TRICARE

EXTRA

TRICARE

STANDARD

TRICARE Standard Features

STANDARD

Patient Pays:

- ✓ **Yearly Deductible**
- ✓ **Cost Share**
- ✓ **Balance if bill exceeds allowable charges**
- ✓ **115% rule**

TRICARE Extra Features

EXTRA

- ✓ **Cost share less than TRICARE Standard**
- ✓ **Patient pays applicable deductible and/or cost-share**
- ✓ **No enrollment required**
- ✓ **Must use TRICARE Network Providers**

TRICARE Prime Features

PRIME

- ✓ **Enrollment required**
- ✓ **Primary Care Manager**
- ✓ **Priority for care at MTF**
- ✓ **Most cost effective**

TRICARE Prime Remote (TPR)

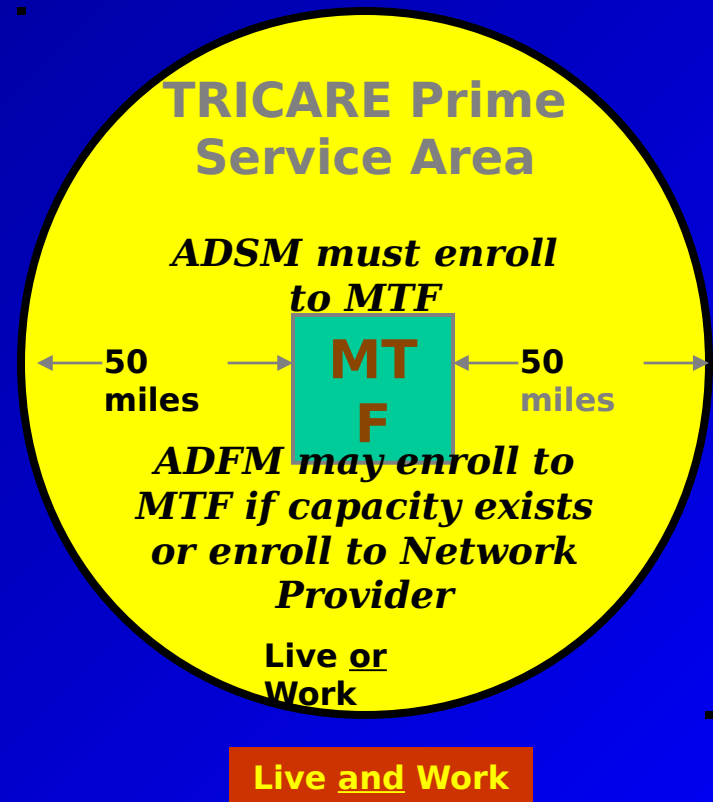
Northeast Region

PRIME Remote

- **Different from the TRICARE Prime program**
 - When TRICARE Network provider is not available, you may have to pay up front for specialty care, but will be reimbursed up to co-pay as long as you received a referral and authorization
 - Administratively enrolls Active Duty Service Members when a Primary Care Manager cannot be located
- **Different from national TRICARE Prime Remote program**
 - Allows eligible Family Members who live with the Active Duty Service Member to enroll if a TRICARE Network provider is available
 - If no Prime provider available Waived Charges reimburses for all Standard charges

Eligibility

- **Active Duty Service Members (ADSMs):**
 - who reside more than 50 miles (or more than one hour drive) from a Military Treatment Facility (MTF), AND
 - whose duty location is more than 50 miles (or more than one hour drive) from an MTF
- **Eligible Active Duty Family Members (ADFMs) living with their sponsor**



TPR Benefits

- **Enrollment to a civilian Primary Care Manager (PCM)**
- **Pharmacy**
- **Preventive care services**



Routine Care

- **Visit your PCM**
- **No prior authorization required**
- **Routine office visits (including lab tests and x-rays)**
- **Preventive healthcare**

Specialty Care: ADSM

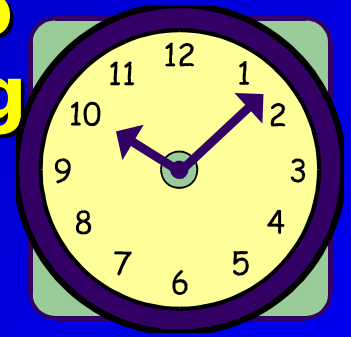
- **PCM makes referral**
- **All specialty care requires authorization**
 - **MCSC coordinates with Military Medical Support Office (MMSO)**
 - **MMSO performs “fitness for duty” determination:**
 - **If yes, referred to MTF**
 - **If no, local care HCF assists in finding specialty care**

Specialty Care: ADFM

- **Primary Care Manager makes referral**
- **All specialty care requires authorization**
 - **HCF authorizes specialty care**
 - **HCF assists beneficiary in locating specialty care**

After Hours Care

- **Healthcare Information Line available 24 hrs/day, 365 days/yr 1-800-308-3518**
- **Contact PCM**
- **If PCM is unavailable, contact an HCF**
- **For Emergency call 911 or go directly to the nearest emergency room.**

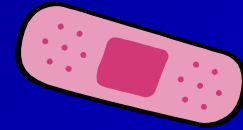


Emergency Care



- **Life/limb-threatening only**
- **No routine care**
- **Does not require prior-authorization**
- **When traveling, may be required to pay up-front; must submit claim for reimbursement**

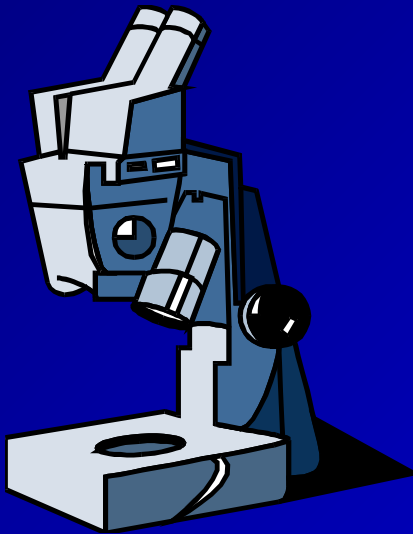
Urgent Care



- **Non-life/limb-threatening**
- **May call 24 hr. Health Care Information Line for help with your healthcare questions**
- **MUST contact HCF for prior-authorization**
- **When traveling, may be required to pay up front; must submit claim for reimbursement**

Ancillary Services

- PCM ordered laboratory, x-ray or other supplemental services
 - Members should contact MCSC to determine if a Network facility is available before receiving any services outside their PCM's office



Mental Health Services

- **Outpatient mental health or alcohol/substance abuse services outside PCM's office**
 - **ADSMs must call MCSC to have mental health services coordinated through MMSO**
 - **ADFM's must contact MCSC**
 - **First eight (8) outpatient visits during a fiscal year need to be registered but do not require prior-authorization**
 - **Authorization is required for any outpatient visits beyond the first eight (8) during each fiscal year**
- **All inpatient treatment requires prior-authorization**

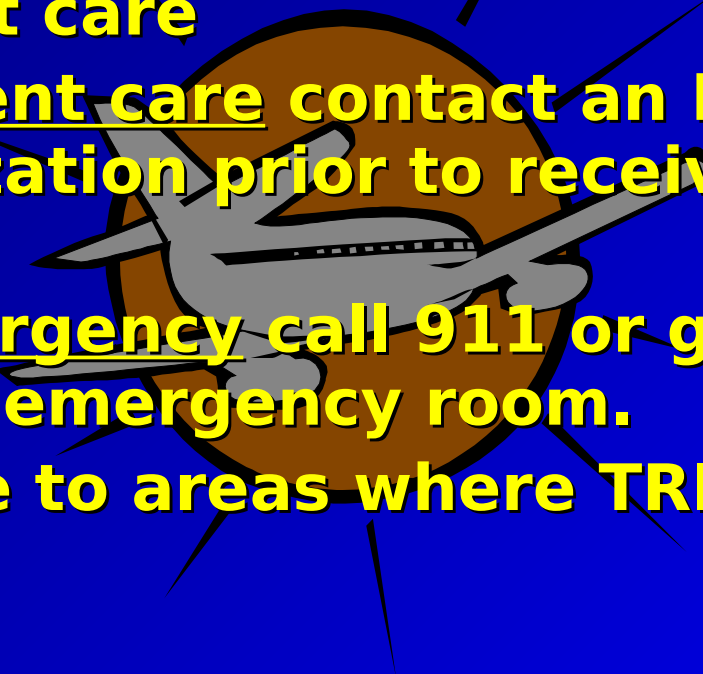
Pharmacy Benefits

- **National Mail Order Pharmacy (NMOP)**
 - Maintenance medication
 - Maximum 90 day supply
- **TRICARE Network pharmacies**
- **MTFs**
- **TRICARE authorized non-network pharmacies**



On The Move

- **Members are covered during leave/travel/ change of duty station for emergency and urgent care**
 - **For urgent care contact an HCF for authorization prior to receiving the care.**
 - **For emergency call 911 or go to the nearest emergency room.**
 - **Portable to areas where TRICARE Prime exists**



Contact Information

- **TRICARE (DoD) :**
www.tricare.osd.mil
- **Claims info
on-line:**
www.mytricare.com
- **DEERS:** **1-800-538-9552**



Questions?

